

Can you coax your mind from its wandering
and keep to the original oneness?

Can you let your body become
supple as a newborn child's?

Can you cleanse your inner vision
until you see nothing but the light?

Can you love people and lead them
without imposing your will?

Can you deal with the most vital matters
by letting events take their course?

Can you step back from your own mind
and thus understand all things?

Giving birth and nourishing
Having without possessing
Acting with no expectations
Leading and not trying to control
This is the supreme virtue